



# A LA RECHERCHE DE LA PERFORMANCE

## CAMPUS OLYMPIQUE : L'ART D'ACCOMPAGNER SCIENTIFIQUEMENT LA PERFORMANCE SPORTIVE



### INTERVENANTS

**Adam Storey** (*Lead Strength and Conditioning Specialist, Emirates Team New Zealand and Canoe Racing New Zealand*)

**Shirai Katsuyoshi** (*Manager Intelligence group, Operational Excellence Unit, Japan High Performance Sport Center, Japan*)

**Nikolai Böhlke** (*RCoordinator Performance Services, Olympic Training Centre Berlin, Germany*)

**Else-Marthe Sørlie Lybekk** (*Head of performance and R&D at Olympiatoppen, the Norwegian elite sport centre, Norway*)

**Paul Wylleman** (*Performance Manager Performance behavior, TeamNL Experts, Netherlands*)

25 mars  
2021

WEBINAIRE  
à partir de 10h

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### PROGRAMME

10h00 - 10h10	<b>Introduction</b> <i>Gaël Guilhem (Directeur du Laboratoire Sport, Expertise et Performance, INSEP)</i>
10h10 - 10h15	<b>Présentation de la matinée</b> <i>Adèle Mornas (Laboratoire Sport, Expertise et Performance, INSEP) et Adrien Marck (Pôle Performance, INSEP)</i>
10h15 - 10h35	<b>"Bridging the Gap Between Science and Sport – A Kiwi Approach"</b> <i>Adam Storey (Lead Strength and Conditioning Specialist for Emirates Team New Zealand and Canoe Racing New Zealand)</i>
10h35 - 10h55	<b>"Sport Information to boost scientific support in sport"</b> <i>Katsuyoshi Shirai (Manager Intelligence group, Operational Excellence Unit, Japan High Performance Sport Center)</i>
10h55 - 11h15	<b>"Roles &amp; processes in the elite sport support infrastructure in Germany"</b> <i>Nikolai Böhlke (Coordinator Performance Services, Olympic Training Centre Berlin)</i>
11h15 - 11h35	<b>"Services to coaches and athletes"</b> <i>Else-Marthe Sørlie Lybekk (Head of performance and R&amp;D, Olympiatoppen, the Norwegian elite sport centre)</i>
11h35 - 11h55	<b>"The vision, approach and working method of TeamNL in supporting high-level athletes and the associated scientific approach"</b> <i>Paul Wylleman (Performance Manager Performance behavior, TeamNL Experts, Netherlands)</i>
11h55 - 12h05	<b>Conclusion de la matinée</b> <i>Gaël Guilhem (Directeur du Laboratoire Sport, Expertise et Performance, INSEP)</i>